



Tell us about your Adult Safeguarding Experience

 	<h3>Hello</h3> <p>My name is Shobhana and I work for Leicester Safeguarding Adults Board. My role is to :-</p> <ul style="list-style-type: none">➤ talk to people who have been through safeguarding about their experience and➤ raise awareness of what adult safeguarding is
	<h3>What is the Leicester Safeguarding Adults Board?</h3> <p>The board is a group of agencies that work together to protect adults with care and support needs from abuse and neglect.</p>



What is adult safeguarding?

Safeguarding means protecting your right to live: -

- in safety
- free from abuse and
- free from neglect

People and organisations will work together with you to prevent abuse and neglect taking place.



Who is an adult at risk?

An adult at risk of harm is : -

- someone who may have needs for care and support and
- is experiencing or at risk of abuse or neglect and
- unable to protect themselves

This could be you, friends, family members or other adults you know.

Adults who may need care and support include: -

- older people
- people with a disability
- people with long-term illness and
- people with mental ill health



Have you been protected from abuse and/or neglect?

The Board would like to know about your safeguarding experience.

This could be your own experience or someone who you care for.



What we would like to know?

We would like to know about: -

- whom you contacted
- how you got help
- what did they do
- did you feel listened too
- what worked well and
- what didn't work so well



Why do we want to know?

The information you share will be used to: -

- produce new leaflets, posters to help others know what abuse and neglect is
- share your experience with safeguarding adults board partners without sharing your name



Your personnel data

Any personal data you provide will be processed in accordance with current data protection laws.

Read more about how we use personal data in our privacy notice on our website: www.leicester.gov.uk



Your safety

Your safety and wellbeing are important to us. If we are worried for your safety :-

- we will advise you to get help and support
- we will ask your permission to share your details with a support service to contact you.



How to share your experience

Contact the Board Office on :-

- Tel: 0116 454 6270 (do not report abuse or neglect to this telephone number).
- Email: LSAB@leicester.gov.uk



What can I do if I am being abused or I am worried that someone else is being abused or neglected?

If you think you or someone you know is being abused or neglected **tell** someone you trust as soon as possible.

If you need help to contact Adult Social Care, Police or Health Services, ask a person you trust to help you.

If you, or the other person, is ill hurt or injured seek medical attention.

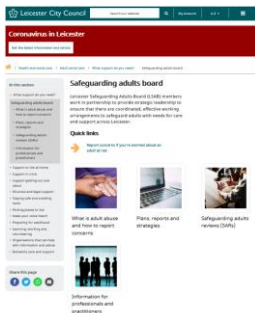
If you, or the other person, is seriously ill, hurt or injured dial **999**.

You can report the abuse or neglect of an adult with care and support needs in Leicester:

- to the **Adult Social Care** team, telephone number **0116 454 1004 (24 hours a day, 7 days a week)**
- if a crime has taken place you can report to Leicestershire Police
 - via their website **www.leics.police.uk** or

- you can call 101
- if it is an emergency, call **999**

Organisations will work together with you to prevent the abuse and neglect taking place.



How can I find out more information about safeguarding adults in Leicester?

Take a look at the Leicester Safeguarding Adults Board website www.leicester.gov.uk/lsab