Leicestershire Partnership NHS
NHS Trust

A University Teaching Trust

Home-educated children and their families can access the support of our school nursing service.

Just like your health visitor, our school nurses are part of a team of health professionals who provide our 0-19 Healthy Child Programme, and are able to provide support and advice in relation to any health issues that may be affecting your child's development and wellbeing, or their ability to learn. School nurses provide screening services and advice on promoting health lifestyles, positive parenting and on specific issues such as bedwetting, emotional health etc.

If your child is of primary school age, our website **www.healthforkids.co.uk** has lots of useful health information, advice and learning activities for the whole family.

Health for Kids!

If your child is in senior school, then our website **www.healthforteens.co.uk** maybe more appropriate. The website provides health information and advice for young people on a range of issues from managing stress and anxiety, to sexual health, drugs and alcohol, smoking and healthy eating. It hosts weekly webchats that young people can participate in. Content relating to aspects of mental health is being added to the site in partnership with our Child and Adolescent Mental Health Service (CAMHS). CAMHS also provides training and support to our school nurses to ensure we provide a holistic approach to physical and mental health.

HEALTH FOR TEENS

Our ChatHealth messaging service staffed by qualified nurses enables young people to contact a school nurse about their health worries and get confidential support within 24 hours (text to 07520 615386). A school nurse will respond to messages between 9am and 5pm each day.

ChatHealth

Your child should receive the following immunisations throughout their childhood.

Age due	Diseases protected against	Vaccine given	Usual site of vaccination
Eight weeks	Diphtheria, tetanus, pertussis (whooping cough), polio and Haemophilus influenza type b (Hib)	DTaP/IPV/Hib	Thigh
	Pneumococcal (13 serotypes)	Pneurmococcal conjugate vaccine (PCV)	Thigh
	Meningococcal group B (MenB)	MenB[1]	Left thigh
	Rotavirus gastroenteritis	Rotavirus	By mouth
Twelve weeks	Diphtheria, tetanus, pertussis, polio and Hib	DTaP/IPV/Hib	Thigh
	Rotavirus	Rotavirus	By mouth
Sixteen weeks	Diphtheria, tetanus, pertussis, polio and Hib	DTaP/IPV/Hib	Thigh
	MenB	MenB[1]	Left thigh
	Pneumococcal (13 serotypes)	PCV	Thigh
One year old	Hib and MenC	Hib/MenC booster	Upper arm/thigh
	Pneumococcal (13 serotypes)	PCV booster	Upper arm/thigh
	Measles, mumps and rubella (German measles)	MMR	Upper arm/thigh
	MenB	MenB booster	Left thigh
Two to six years old (including children in school years	Influenza (each year from September)	Live influenza vaccine	Both nostrils

1 and 2)			
Three years,four months old or soon after	Diphtheria, tetanus, pertussis and polio	DTaP/IPV	Upper arm
	Measles, mumps and rubella	MMR	Upper arm
Girls aged 12 to 13 years	Cervical cancer caused by human papillomavirus (HPV) types 16 and 18 (and genital warts caused by types 6 and 11)	HPV (two doses 6-12 months apart)	Upper arm
Fourteen years old (school year 9)	Tetanus, diphtheria and polio	Td/IPV (check MMR status)	Upper arm
	Meningococcal groups A, C, W and Y disease	MenACWY	Upper arm

If you have queries about your child's immunisation status, please contact our immunisation team on 0300 3000 007 or via email at communityimms@leicspart.nhs.uk. You can also find immunisations information on the websites mentioned above.

I hope you find this information useful. If you need further information you can find your local school nursing team on our interactive map at www.healthforkids.co.uk/parents/school-nurse-map, or call the school nurse team at Westcotes Health Centre on 0116 295 3114.