Variety of organic food available daily i．e．pasta， vegetables
New dishes offering more variety and dishes from around the world

No genetically modified ingredients，undesirable additives or artificial trans fats
Dishes have been locally tailored to meet the cultural and community needs of Leicester

Menus are seasonal and locally grown produce where possible

We offer vegetarian and vegan options

Fish is approved by the Marine Conservation Society
More than 75\％of our dishes are kitchen prepared
Locally sourced free－range eggs
Awarded Food for Life－ our meals are healthy nutritious and fun

## What＇s for my lunch this year

City Catering：September 2023 －July 2024

## Want to join our team？

City Catering doesn＇t just provide meals！ We are always looking for enthusiastic and talented people to join our team． We have many opportunities available－ for more information go to vacancies website．leicester．gov．uk／jobs

## Vegetarion Menu 2023-2024

| TIMETABLE <br> WEEK COMMENCING: 2023 <br> 4 September <br> 25 September <br> 23 October <br> 13 November <br> 4 December | WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | OPTION 1 | French Bread Pizza Diced Potatoes (V) | Vegetable Pasta Bake Malted Baguette (V) | Roast Quorn Fillet, Stuffing \& Gravy, Parsley Potatoes (V) | Quorn Sausages, Yorkshire Puddings, Mash Potatoes (V) | Quorn Fingers Chips (V) |
|  | OPTION 2 | Chickpea \& Potato Curry, Yellow Rice, Chapatti (VE) | Paneer \& Sweetcorn Curry, Rice, Naan Bread (V) | Moong Bean Curry, Rice, Chapatti (VE) | Potato \& Courgette Curry, Rice, Naan Bread (VE) | Curried Potato \& Pea, Puff Chips (V) |
| week comm 2024 <br> ${ }_{29}^{29}$ January <br> 26 February 18 March <br> 22 April <br> 13 May <br> 10 June | OPTION 3 Jacket Potato | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) |
|  | OPTION 4 Sandwich | Egg Mayo (V) | Cheese (V) | Cheese \& Salad (V) | Egg Mayo (V) | Cheese (V) |
|  | DESSERT | Fruit \& Chocolate Muffin ( $50 \%$ Fruit) or Yum Yum Biscuit | Iced Sponge or Fruit Cookie | Fruit Salad or Chocolate Biscuit | Apple Crumble (50\% Fruit) \& Custard or Oaty Biscuits | Ice Cream or Lemon Drizzle Cookie |
| TIMETABLE <br> WEEK COMMENCING: <br> 2023 <br> 11 September <br> 2 October <br> 30 October <br> 20 November <br> 11 December | WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|  | OPTION 1 | Macaroni Cheese Malted Baguette (V) | Sweet \& Sour Vegetables Noodles (V) | Cheese \& Potato Pie Malted Baguette (V) | Quorn Burger in a Bun and Potato Wedges (V) | Crispy Vegetable Rolls Chips (V) |
|  | OPTION 2 | Mixed Dhal with Spinach Coriander Flat Bread \& Rice (V) | Cauliflower, Pea \& Potato Curry Brown / White Rice, Naan Bread (VE) | Mixed Dhal Tadka with Vegetable Rice (VE) | Kofta (Vegetable Balls) Curry \& Rice (VE) | Veggie Fingers Chips(V) |
| WEEK COM202415 January5 February4 Marrir8 April29 Aproil2010 Muy17 June8 July | OPTION 3 Jacket Potato | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) |
|  | OPTION 4 Sandwich | Cheese \& Salad (V) | Egg Mayo (V) | Cheese (V) | Cheese \& Salad (V) | Cheese (V) |
|  | DESSERT | Chocolate Haystacks or Strawberry Mousse | Fruit Flan- (50\% Fruit) or Lemon Shortbread | Pear \& Chocolate Sponge \& Chocolate Sauce (50\% Fruit) or Custard Biscuits | Cornflake Tart \& Custard or Butter Scotch Cookie | Ice Cream or Chocolate \& Vanilla Swirl Biscuit |
| TIMETABLE <br> WEEK COMMENCING: 2023 <br> 18 September <br> 9 October <br> 6 November 27 November <br> 18 December | WEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|  | OPTION 1 | Pizza - Cheese \& Tomato $1 / 2$ Jacket Potato (V) | Cheese Flan Garlic \& Herb Potatoes (V) | Roast Quorn Fillet, Stuffing \& Gravy, Roast Potatoes (VE) | Broccoli \& Spaghetti Bake Malted Baguette (V) | Quorn Dippers Chips (VE) |
|  | OPTION 2 | Butternut Squash, Chickpeas \& Spinach Curry Brown/White Rice (VE) | Khichadi, Kadhi Potato Curry Chapatti (V) | Kidney Bean \& Sweetcorn Curry Rice (VE) | Seasonal Vegetable Curry Naan Bread (VE) | Vegetable Samosa Chips (VE) |
| WEEK COMM 2024 <br> 22 January <br> 11 March <br> 15 April <br> 6 May <br> 24 June | OPTION 3 Jacket Potato | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) | Jacket Potato with Cheese \& Beans (V) |
|  | OPTION 4 Sandwich | Cheese (V) | Cheese \& Salad (V) | Egg Mayo (V) | Cheese \& Salad (V) | Cheese (V) |
|  | DESSERT | Iced Fruit Sponge (50\% Fruit) or Coconut Cookie | Jelly \& Fruit Pots (50\% Fruit) or Chocolate Biscuit | Iced Buns or Melting Moments | Chocolate Tart or Jam Crunch | Ice Cream or Flapjack |
| EGETARIAN |  | Seasonal available schools | SERV <br> tables, salad, fruit yo also Jacket Potatoes ease check what arran | D DAILY <br> urts, fresh fruit, and drin \& Packed Lunches are av gements are in place in y | water are ble in most school. |  |

## *KEY:

## V = Vegetarian

VE = Vegan
50\% Fruit = this pudding contains at least $50 \%$ fruit

Disclaimer
We endeavour to serve food as specified on the menu however, there are some circumstances when this isn't possible. You can be assured that these instances will be kept to an absolute minimum.

For children to have healthier meals at school, over the last few years we have reduced the sugar in our puddings by $20 \%$

Choosing a meal from this menu for your child every day will provide 2-3 portions of their five a day. Seasonal vegetables served daily

For all allergens please ask a member of catering staff

