

One thing I love about Leicester...

...in between training for East Midlands and Great Britain I really love going shopping. It helps me unwind and Leicester is brilliant for wasting an afternoon wandering around the shops.

My club side and national team give me the opportunity to travel the world. On a trip to Shanghai I picked up a silver medal and led out the GB team in front of 80,000 people at the Special Olympic World Games. It was a fascinating place and I had a really good time but it doesn't compare to a good day's shopping in Leicester!

Lee Penfold

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East Midlands and
Great Britain Basketball Player