

Commissioned carers services – these services are for carers over 18 years old and young carers who care for an adult and will have needs for support after they are 18 years old unless stated otherwise. The looked after person/ persons must live in the City

Age UK Leicester Shire & Rutland

New carer services for City carers from April 2016

- Support, breaks and information for older Asian carers
- Carers support ,breaks information and training for carers of people with mental health needs
- Carers support ,breaks and information for carers of people with mental health needs from Asian communities.

Also provides free independent, confidential information and advice to people over 50 and their carers

Address: Clarence House, 46 Humberstone Gate, Leicester, LE1 3PJ. **Information and Advice**

helpline: 0116 299 2233 **Website:** <http://www.ageuk.org.uk/leics/>

Ansaar

New carer service for city carers only from April 2016

- **Carers support, breaks, information for carers of people with learning disabilities**

Address: 112 Melbourne Road, Leicester, LE2 0DS

Tel: 0116 262 1000

E-mail: info@ansaar.org

Website: <http://www.ansaar.org/>

The Carers Centre:

- **New carer service for City carers only from April 2016**

Partnership and support service which includes:

- Training for carers
- Support for carers
- Information Advice and Guidance including via GP surgeries.
- Carers forum and newsletter

Address: Unit 19, 4th Floor, Matrix House, Constitution Hill, Leicester, LE1 1PL

Tel: 0116 2510999

E-mail: enquiries@claspthe carerscentre.org.uk

Website: <http://www.claspthe carerscentre.org.uk/>

Other services for carers:

Alzheimer's Society

Support includes Side by Side project - befriending scheme for people with dementia, plus

Face to Face support and memory cafes

Address: 4 Oak Spinney Park, Ratby Lane, Leicester Forest East, Leicester, LE3 3AW

Tel: 0116 231 1111

E-mail: Leicestershireandrutland@alzheimers.org.uk

Website: <http://www.alzheimers.org.uk/leicester>

Barnardos Care Free Project for Young Carers

Practical and emotional support services to young people who are carers

Address: West Point, Feldspar Close, Warren Park, Enderby, Leicester, LE19 4SD

Tel: 0116 286 7182

Website: <http://www.barnardos.org.uk/carefree.htm>

Crossroads Care East Midlands

Leicester Mental Health Carers Project offers one-to-one emotional and practical support;

information and advice about mental health, including dementia, also monthly carers groups

and activities

The Leicester Mental Health Carers Project

Address: Wycliffe House, Gilmorton Road, Lutterworth, LE17 4DY

Tel: 077 99 85 85 87

E-mail: leicestermentalhealthproject@emcrossroads.co.uk

Website: <http://www.emcrossroads.co.uk/>

Adhar

Asian mental health support project for adults with mental ill health and their carers

Address: 79 St Peters Road, Leicester, LE2 1DH

E-mail: admin.box@adharproject.org

Tel: 0116 220 0070

Website: <http://www.adharproject.org/>

Speak Up Mental Health Involvement

A carer and service user led group for people with mental ill health who want to be involved in influencing local service planning and development

Address: 65 Regent Road, Leicester, LE1 6YF

Tel: 0116 255 6286

E-mail: genesis@lampdirect.org.uk

Website: <http://www.lampdirect.org.uk/genesis-project>

LAMP direct - Mental Health in Leicester, Leicestershire and Rutland

Offers support to people experiencing mental distress and their carers

Address: 65 Regent Road, Leicester, LE1 6YF

Tel: 0116 255 6286

E-mail: lamp@lampdirect.org.uk

Website: <http://www.lampdirect.org.uk/>

Soldiers Sailors Airmen and Families Association (SSAFA)

Help with applying for financial assistance from relevant armed forces and other charities and

provide information on rights and entitlement's

Tel: 0116 251 1033

E-mail: Leicestershire@ssafa.org.uk

Website: <https://www.ssafa.org.uk/>