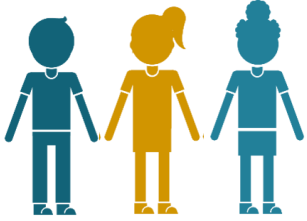




Leicester City Council

Leicester Children and Young People's Health and Wellbeing Survey 2016



2,977

10-15 year olds

Surveyed from October 2015 to April 2017.

Children and young people were asked questions about; where they live, school, leisure activities, relationships, wellbeing, diet, oral health, physical activity, smoking, alcohol and drug use.



9 out of 10

Think their area is a 'good' or 'ok' place to live.

Top 3 areas for improvement:

- Better parks**
- More things to do**
- Cleaner streets**

3 out of 4 enjoy at least half of their school lessons

School is the main source of information for many health and wellbeing issues

After leaving school...

6 out of 10 want to go to university.



Over half have been in love

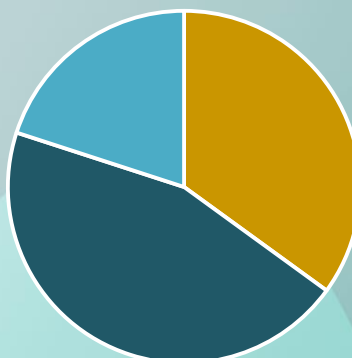
Less than 1 in 10 14-15 year olds reported having had sex.

4 out of 5

Worry about at least one issue 'quite a lot'.

Main worries include health of a family member, exams, family problems, looks.

Vigorous exercise days a week



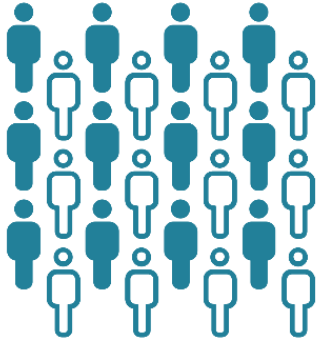
No days (35%)

Less than 3 days (45%)

More than 3 days (20%)



1 in 10 eat a takeaway on most days



Analysis of the survey reveals that some groups are more likely to reveal negative experiences or show signs of being vulnerable.

White British, the most deprived, and those living in the North West, West and South of the city are more likely than other groups to report risk factors.



A third of children have a parent/carer who smokes.

Half of White British children report their parents smoke.

1 in 5 said they feel unsafe at either home, school, local area or nearest park.

About half have experienced bullying (a quarter in the last year).



Those with a parent/carer who smokes are significantly more likely to have tried tobacco products.



1 in 3 14-15 year olds said they had drunk alcohol.

White British children are more likely to have tried alcohol while Asian children are less likely to have tried alcohol.

A quarter of children show signs of poor resilience; stating 'if something goes wrong they feel bad for ages'.



What do you think about the results?

Do you think it presents an accurate picture of children and young people in Leicester?

Go to the website for further information.



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