



## Pool Rules

The purpose of this policy is to ensure the safety and well-being of all who use its facility.

### Swimming in Public Sessions

All children under the age of 8 years shall be accompanied by a responsible person over the age of 16 years who will be required to supervise the child in the pool at all times.

The maximum number of children the responsible person may safely supervise are:

- One adult to one child up to the age of 4 years
- One adult to two children 4 – 7 years where the children are non-swimmers wearing buoyancy aids.
- The ratio of adult to children may be increased at the discretion of the management where a child is deemed a competent swimmer (ask for these details at reception).
- A competent swimmer; be able to jump from poolside into 1.5 metres of water, tread water for 1 minute, Swim 50 metres.

Under 8's and all non-swimmers must remain in shallow water.

Swimming pools are dangerous environments. You are responsible for your own safety and that of your children. You must supervise your children when they are in the pool and across the wider building.

### Prior Medical Condition

Before using any of the facilities please advise the management or the staff supervising the service if you have a medical condition that may put you at sudden or expected risk and may require staff to react and to give assistance.

Thank you for your cooperation and enjoy your swim.

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