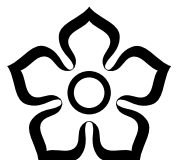


Youth
Services

Sexual health



Leicester
City Council

Sexual health

If you want to speak to someone about sex and relationships then you've come to the right place.

You can come to us if

- You have questions about sex and relationships.
- You need information on how to make sure you and your partner are safe.
- You are concerned about sexually transmitted infections (STIs) or pregnancy.

Our youth workers are here to help.

Services we offer

- We offer condoms through the C-Card programme at all of our sessions
- We have a Choices clinic for 14 - 25 year olds at New Parks Youth Centre every Tuesday evening.

Our Choices clinic is run by fully trained nurses and offers things like emergency contraception, pregnancy testing and the implant. They are also experts in sexual health and can answer any questions you have.

All of our sexual health services are 100% confidential. We are here to help and support you so come and see us!

For more information on the C-Card and where you can get condoms from across Leicester, check out [Leicester sexual health](#).

