# LEICESTER LEYS LEISURE CENTRE Holiday Pool Programme

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<tr>
<td>MONDAY</td>
<td>Aqua</td>
<td>Waves &amp; Flumes</td>
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<td>Waves &amp; Flumes</td>
<td>Learn 2 Swim</td>
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<td>TUESDAY</td>
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<td>Aqua</td>
<td>Waves &amp; Flumes</td>
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<td>Toddler Splash</td>
<td>Waves &amp; Flumes</td>
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<td>WEDNESDAY</td>
<td>M</td>
<td>50+ Swim</td>
<td>Waves &amp; Flumes</td>
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<td>Aqua Tots</td>
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<td>THURSDAY</td>
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<td>Waves &amp; Flumes</td>
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<td>Toddler Splash</td>
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<td>FRIDAY</td>
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<td>Waves &amp; Flumes</td>
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<td>Toddler Splash</td>
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<td>SATURDAY</td>
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<td>SUNDAY</td>
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<td>Waves &amp; Flumes</td>
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**PUBLIC SWIMMING**
Waves & Flumes
Fun filled family session for all ages with access to flumes, pool features and waves.

**AGE RESTRICTED SWIMMING**
Toddler Splash
Little swimmers up to 5 years of age can build water confidence playing with aquatic toys and equipment supported by an adult.

50+ Swim
Exclusive swim session for 50+ only.

Adults Only
Open to those over the age of 16 years of age regardless of ability or fitness levels.

**FITNESS CLASSES**
Aqua
Take your dance moves to the pool floor! A low to medium intensity class designed to get you moving and grooving.

**SWIMMING LESSONS**
Learn 2 Swim
Swimming lessons available to suit all ages and abilities.

Aqua Tots
Swimming lessons for under 5’s, encouraging play and building water confidence.

*no flumes

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This timetable is subject to change, for further information visit leicester.gov.uk/leicesterleysleisurecentre

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LEICESTER LEYS LEISURE CENTRE
Beaumont way, Beaumont Leys, Leicester LE4 1DS.
TEL: 0116 233 3070

leicester.gov.uk/activeleicester
@ActiveLeicester #activeleic