



Leicester City
Mental Health Partnership Board
Minutes

Main Hall, City Hall
115 Charles Street
Leicester
LE1 1FZ

Wednesday
24th October 2018
10 to 12:30

1. Welcome and introductions

Councillor Adam Clarke and Tania Shah chaired the meeting and welcomed everybody. Everybody said their names and what they do.

Councillor Adam Clarke

Deputy City Mayor (Environment and Health lead)

Tania Shah

Co-chair, service user

Ben Smith

Business Change Commissioning Manager, Social Care and Education, Leicester City Council

Tracie Rees

Director for Care Services & Commissioning, Leicester City Council

Mark Aspey

Lead Commissioner – Autism, Learning Disabilities, Mental Health and Substance Misuse, Social Care and Education, Leicester City Council

Sarah Morris

Head of Service, Adult Social Care and Commissioning, Leicester City Council

SK

service user

Jackie North

Carer

Barry North

Carer

Gill Huddleston

Carer and service user

AR

Carer and service user

Andrew Langley

service user

Lee Pickering
University of Leicester

Minakshi Bhatti
Carer

Andrew Bolland
Lamp

Farhnaz Abubakar
Richmond Fellowship

Vib Patel
Disability employment coach, Department For Work and Pensions

Rachel Grognet
Department For Work and Pensions

Harshida Ghaghda
Disability employment coach, Department For Work and Pensions

Gabby Briner
CEO, You in mind

John Singh
Strategy & Implementation Manager, Leicester City Clinical
Commissioning Group

Krystyna Frampton
Senior Economic Regeneration Employment Hub Officer

Matthew Pinches
Engagement Officer, Adult Social Care &
Safeguarding

Mark Wheatley
Public Health Specialist, Leicester City Council

Catherine Crook
Public Health, Leicester City Council

Sian Clark
Enablement

Alison Morley
Norton Housing and Support

Daniel Ball
Leicestershire Centre for Integrated Living (LCIL)

Caroline Ryan
Lead Commissioner – Supported Living, Social Care and Education,
Leicester City Council

Jules Galbraith
Head of Service for Community Mental Health
Leicestershire Partnership Trust

Tejash Gohil
Service manager, Advance UK

Shamima Essat
Valuing People Support Assistant, Leicester City Council

David Brown
Valuing People Support Assistant, Leicester City Council

Kavita Dholakia
Valuing People Officer, Leicester City Council

2. Apologies

Laura Horton

Chief Executive, Leicestershire Centre for Integrated Living (LCIL)

Ramesh Kanani

Vice-chair, Carer

Kirit Shah

Carer

Navin Gandhi

Carer

Michael Macbean

University of Leicester

Helen Thompson

Leicestershire Partnership Trust

Rob Melling

Head of Community Development, Leicestershire Partnership Trust

Nicola Mannion

Leicestershire Police

Nicola Wilmot

Service Manager, Housing, Leicester City Council

Nicola Smith

Lead Nurse for Quality & Contracts
East Leicestershire and Rutland CCG

3. Minutes of the last meeting and Matters arising

(11th July 2018)

3.1 The minutes of the last meeting were agreed as correct.

3.2 **Update on Actions from the last meeting:**

- **Suicide rates is on agenda for today's meeting.**

4. Service user issues and good practice

- 4.1 Tania Shah called helpline about a service user who was in crisis, but the call wasn't answered for 3 times. When Tania managed to speak to someone they refused to give the number for crisis team. Tania was told that this was against their policy to give out crisis team number. Jules Galbraith will talk to Chris Crane who is the crisis team service manager and will feedback to Tania.

Action Jules Galbraith from LPT will feedback to Tania Shah around issue with refusing to give out crisis team telephone number.

- 4.2 Lee Pickering said that during the mental health awareness week Leicester university had an event and he contacted council for involvement but there was no response. Andrew Bolland from Lamp talked about online campaign during the mental health awareness week.
- 4.3 Councillor Clarke said thank you for raising it. We will include this on agenda at January meeting.

Action Mental Health awareness week to be on agenda at January meeting.

5. Carers issues and good practice

- 5.1 Gill Huddleston said that carers don't feel valued. The reality is they are seen as available resource.

Action Kavita to circulate carers presentation from Gill Huddleston to all.

- 5.2 Ben said that there will be carers right day event on 30th November.

6. Recap/Update on Mental Health Strategy

- 6.1 Ben Smith gave an update on Mental Health Strategy. After the last board meeting Ben went out to groups e.g carers centre.
- 6.2 Prevention, Accommodation, Employment, Education & Volunteering has been identified as the key areas.

- **Prevention**
 - Reduce mental health stigma in local communities.
 - People will feel free to talk about mental health
 - Faith community have a fantastic role to play in prevention.
 - Leicester residents have choice of where to live.
 - We do want to see reduction in suicide rates.

- **Accommodation**
 - All the housing strategy replicates all the mental health needs as well as physical.
 - Mental health awareness training
 - Increase choice of where they live
 - Housing offices have a better understanding of the impact mental health can have.

- **Employment, Education & Volunteering**
 - Meaningful employment – provides sense of purpose and achievement.
 - Mental health Partnership board members to work together to increase volunteering opportunity.

6.3 John Singh said that NHS 10 year plan is coming out and 1 of the priority is mental health.

6.4 The mental Health strategy will be going out on consultation in 2019 and there will be an action plan with this.

7. Suicide Prevention

7.1 Mark Wheatley gave a presentation on Suicide Prevention.

Action Kavita to circulate Suicide Prevention presentation from Mark Wheatley.

please visit the website link below to watch the short films
<https://www.startaconversation.co.uk/finding-hope#matthew>

8. Mental Health and Benefits

8.1 There was a question and answer discussion session with DWP around mental health and benefits.

8.2 Councillor Clarke said that universal credit is major change. Thank you to DWP colleagues.

- 8.3 Andrew shared his experience around problems with benefits and he was told by his work coach to sort it out himself. He was on long term sick. Rachel will talk to Andrew separately to discuss the individual case.

9. Independent Living Support(ILS) supported housing service

- 9.1 Caroline Ryan, Lead Commissioner for Supported/Independent Living talked about the consultation on Independent Living Support(ILS) supported housing service. The consultation started from 15 October 2018 and will end on 14 January 2019.
- 9.2 The council wants to offer residents a new service called a community living network. The new service will help people be part of their local community and support each other.
- 9.3 The link for the ILS Supported Housing Consultation is:
<https://consultations.leicester.gov.uk/communications/proposedchange-to-the-ils-supported-housing-service/>
- 9.4 Alison Morley from Norton House said that the areas around prevention and accommodation are affected under the mental health strategy. Alison would like petition request to a full council meeting on 24th January which is after the consultation closing date. It is extremely disappointing. Alison really appreciate that Caroline and her team have offered to come out to talk more about the consultation.
- 9.5 Charles Huddleston from the carers centre talked about cutting back services, Prevention is a statutory duty.
- 9.6 Councillor Adam Clark is happy to take any issues around timescales and raise it with Councillor Dempster to give the full opportunity.

10. Meeting dates 2019

To be confirmed

Actions

- 1. Jules Galbraith from LPT will feedback to Tania Shah around issue with refusing to give out crisis team telephone number.**
- 2. Mental Health awareness week to be on agenda at January meeting.**
- 3. Kavita to circulate carers presentation from Gill Huddleston to all.**
- 4. Kavita to circulate Suicide Prevention presentation from Mark Wheatley at today's meeting including the links around the short films.**