

# Leicester City Joint Health & Social Care Learning Disability Strategy (The Big Plan)

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# Introduction to Our Plan

Images	Text
	<p>The rules in England say we must have a 'Strategy' (Strategy means 'plan') for people with a Learning Disability.</p>
	<p>The plan also says how we must change the way we work to meet the needs of people with a learning disability.</p>
	<p>There are laws that say how we must make sure that people with a learning disability are valued and have the same opportunities as others.</p>
	<p>This plan also includes things that we think should happen in Leicester to make life better for people with a learning disability.</p>
	<p>Our plan also says what we will do to make sure people with a learning disability can stay safe well and happy.</p>

# Writing This Plan

Images	Text
	<p>This plan has been written by the members of the Learning Disability Partnership Board (LDPB) and is for all people with a learning disability in Leicester.</p>
 	<p>We started to write this plan by thinking about what was good and what was bad for people with learning disabilities who use:</p> <ul style="list-style-type: none"><li>• Health and social care services</li><li>• Housing and accommodation</li><li>• Employment and college services</li><li>• Benefits and welfare services</li><li>• Services to support people becoming adults</li><li>• Services that our carers use</li></ul>
	<p>We had meetings with</p> <ul style="list-style-type: none"><li>• People who have a learning disability,</li><li>• Carers of people with a learning disability.</li><li>• Health and social care professionals</li></ul>
 <i>Plan</i>	<p>This plan now gives details of the things we believe need to change and how we will do this</p>

# Social Care

Images	Text
	<b>We think that:</b>
	There should be more meaningful choice for people when deciding what support, they want to have.
	Information advice and guidance about services available for people with learning disabilities and their carers needs easy to understand and always available.
	Social care and education workers should always take the time needed to write assessments and get support plans right.
	Assessment forms should be available in easy read versions and they should always be written in a person-centred way.
	People should always get support that meets physical and emotional needs. Providers should never cancel support without the services user's permission

Images	Text
	<b>Making it real:</b>
	<p>We will work together to write good practice guidelines so all professionals can use this to make sure they work in a person-centred way.</p>
	<p>Share existing resources to ensure social care and education teams understand how and when to make reasonable adjustments.</p>
	<p>We will work together to check when care and support sessions for people with a learning disability are cancelled without a service users' permission.</p>
	<p>We will work with our partners to ensure that hidden disabilities and emotional wellbeing support needs are understood and planned for.</p>
 <p data-bbox="236 1800 359 1827"><b>Complain</b></p>	<p>We will make it easier for a person with a learning disability to make a complaint if they want to.</p>
	<p>We will write easy read materials to help people with a learning disability understand</p>

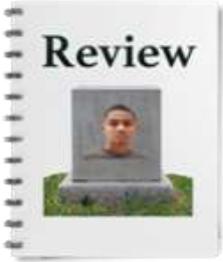
# Housing and Accommodation

Images	Text
 A man and a woman are standing together, looking at a large architectural model of a multi-story residential building. The man is pointing at a specific part of the model.	<p><b>We think that:</b></p> <p>People with a learning disability should have more choice and control over where they live, who they live with, and who they live near.</p>
 A group of four people are sitting around a table in a meeting. One person is in a wheelchair. They appear to be engaged in a discussion, with one person pointing at a document on the table.	<p>All tenants in supported living and residential care should have an opportunity to say how to make places they live in, better.</p>
 A group of seven people, including a man in a wheelchair, are standing in a circle. They are all looking towards the center of the group, suggesting a collaborative or supportive environment.	<p>If a person with a learning disability, needs residential care they should get support from staff who have learning disabilities training.</p>
 A blue sign for an NHS Assessment and Treatment Unit is visible in the foreground. In the background, there is a large, modern brick building, likely a hospital or care facility.	<p>People who have challenging behaviours should not have to live in hospitals because providers cannot support 'complex needs'.</p>
 A young man with glasses is sitting at a desk, looking at a laptop computer. He appears to be focused on his work or research.	<p>Applying for social housing can be complicated and people with a learning disability trying to find social housing will need extra support.</p>

Images	Text
	<p><b>Making it real:</b></p> <p>We will improve our supported living and residential services by asking the people who use them how to make things better.</p>
	<p>We will continue the 'Transforming Care Programme' work to help housing and supported living providers get better.</p>
	<p>We will report on how good we are at finding people a place to live that is close to family or friends if that is what they want.</p>
	<p>We will work with housing teams to make sure they can work in a way that people with a learning disability understand.</p>
	<p>We will ask people to share their experiences of applying for houses on the council's website and report on how hard or how easy this was.</p>

# Equal healthcare

Images	Text
	<p><b>We think that:</b></p> <p>People with a learning disability do not live as long as people without a learning disability and we must work together to stop this happening</p>
	<p>All health and social care workers, including doctors, must complete learning disability awareness training</p>
	<p>Professionals must look at all the health needs a person has and not just the learning disability. Often other illness can be missed because doctors only see the disability</p>
	<p>Every person with a learning disability should have a health check if they want one. The numbers are improving but can be better</p>
	<p>We will ask all of our residential care and supported living providers to sign up to the 'Health Charter'.</p>

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	<p><b>Making it real:</b></p>
	<p>We will use lessons from LeDeR reports ((LeDeR looks at why a person with a Learning Disability has died) to help us make services better for people with a learning disability.</p>
	<p>We will work together to find out why some people with learning disabilities are missing out on their health checks.</p>
	<p>We will ask health partners to provide regular information to show how the NHS ten year plan for people with learning disabilities is working</p>
	<p>Training will be provided to all staff on:</p> <ul style="list-style-type: none"> <li>• learning disability awareness</li> <li>• Reasonable adjustments</li> <li>• Equality and diversity</li> </ul>
	<p>We will monitor the number of services that are signed up to the Health Charter and we will report on our progress</p>

# Healthy Lifestyles

Images	Text
	<p><b>We think that:</b></p> <p>We need to work together to stop over medication of people with a learning disability. This is always a safeguarding concern.</p>
	<p>People with a learning disability should be better supported to manage chronic conditions such as diabetes or asthma. (Chronic means long lasting)</p>
	<p>Healthy eating should be encouraged. People with a learning disability should always be offered the chance to choose healthy food.</p>
	<p>Flu jabs and other national vaccinations schemes should be made available to all people with a learning disability.</p>
	<p>Mental health services must be able recognise when a person with a learning disability is feeling poorly because of poor mental health.</p>

Images	Text
	<p><b>Making it real:</b></p> <p>We will ask care and support professionals to design a healthy eating and lifestyle plan to be included in care assessments or support plans.</p>
	<p>We will work with public health to ensure that people with learning disabilities are targeted when launching local public health campaigns.</p>
	<p>We will raise awareness of flu vaccinations and other public health campaigns through our commissioned services</p>
	<p>We will work with public health to ensure gyms and pools are accessible and encourage people with a learning disability to use gyms and pools</p>
	<p>We will support the work of the 'Safe Well and Happy Group' to provide free advice, guidance and informal support for people with a learning disability to safeguarding their own wellbeing</p>

# Access and Inclusion to Leisure, Recreation & Public Transport

Images	Text
	<b>We think that:</b>
	Sports and recreation services should be able to identify and support people to access the right kind of activity for them.
	All people with a learning disability should have positive experiences using public transport that respects their rights.
	People should be able to access whatever leisure services they wish without the fear of bad treatment from others.
	Many people with a learning disability want to be able to do a wide variety of activities.
	Local public health advertising and marketing campaigns should think about including people with Learning Disability

Images	Text
	<p><b>Making it real:</b></p> <p>We will work together to ensure that people with a learning disability get update information about recreation session they might enjoy.</p>
	<p>We will speak to the local bus companies and offer them advise on how to ensure their services are inclusive and support people with a learning disability to access them.</p>
	<p>We find out how the voice of people with a learning disability can be present on steering groups and planning groups in particular public transport and active Leicester planning groups.</p>
	<p>We will support the work of ‘accessible places’ and provide more support to this project to ensure the work can make a difference.</p>
	<p>We will build a network of recreation and leisure services that are able to recognise and provide good services to people with a learning disability</p>

# Work college & money

Images	Text
	<p><b>We think that:</b></p> <p>Young people with learning disability should to be given the chance to plan their work or college ambitions at a much earlier stage.</p>
	<p>We need to work in partnership to make sure there are more job and volunteering opportunities for people with a learning disability.</p>
	<p>Disability confident employers should be able to offer more job and volunteer opportunities to people with a learning disability.</p>
	<p>Job application forms need to be in an accessible format for all people including easy read for people with a learning disability.</p>
	<p>Staff who work to assess benefit claims, or for jobcentre plus must know how a learning disability can impact on a person's ability to work</p>

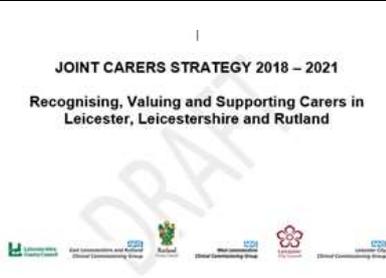
Images	Text
	<p><b>Making it real:</b></p> <p>We will work with job centre plus and other partners write an action plan to make things better.</p>
	<p>We will continue to offer employment opportunities within Leicester City Council for people with learning distality to access</p>
	<p>We will work with Leicester College and other partners to understand how colleges meet the needs of students with learning disabilities.</p>
	<p>We will work to increase the number of companies that register as 'Disability Confident' recruiters and leaders in the city.</p>
	<p>We will contact all our 'Disability Confident' care providers and ask for to report on how make this work.</p>

# Moving into adulthood

Images	Text
 A man and a woman are standing together, looking at a framed picture of a house. The man is pointing at the picture, and the woman is looking at it with interest.	<p><b>We think that:</b></p> <p>Housing options for young people with a learning disability need to be looked from an early age.</p>
 A close-up image of two hands shaking, symbolizing an agreement or partnership.	<p>There needs to be better links between the Learning Disability Partnership Board and the Transitions Board so we can work closer together.</p>
 A young girl with a blue arrow pointing upwards towards a woman, suggesting growth or transition.	<p>Teenagers should not be moved into adults services without good plans for the support and care that they may need.</p>
 A person wearing a red beanie is sitting at a desk, writing. Behind them are several black silhouettes of people. The word "Plan" is written in a purple circle at the bottom.	<p>Support for children needs to start to change into support for a young person becoming an adult at the age of 14.</p>
 A group of people, including a young woman in the foreground, standing together. They appear to be professionals or staff members.	<p>Planning for adult life needs to involve all professionals working as a team.</p>
 A close-up portrait of a young man with glasses, looking directly at the camera.	<p>The Learning Disability Partnership Board needs to have better links with children and transition aged people.</p>

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	<p><b>Making it real:</b></p>
	<p>We will support the implementation of the Leicester City transitions strategy which will work to achieve the following:</p>
	<p>Write clear plans for preparing all young people for adulthood.</p>
	<p>Make sure professionals use the same words to mean the same thing</p>
	<p>List the important things that happen after someone's 14th birthday and work out what need to be made better</p> <p>Make sure professionals talk to each other.</p>
	<p>Make sure professionals talk to each other and share information. This will help staff share information about who needs help getting ready for adulthood</p>
	<p>Make sure we have plans to spend money in the best way to help people with special educational needs.</p>

# Support for our carers

Images	Text
	<p><b>We think that:</b></p> <p>We have a shared a vision for carers of people with learning disability who will be included into and the wider carers strategy.</p>
	<p>There is a carers reference group will update the partnership board on how the carers delivery plan is progressing.</p>
	<p>Support for carers managing benefits money and accessing counselling and mental health conditions needs to be better.</p>
	<p>Carers should be listened to and valued more they are often not listened to properly, and their expert knowledge is not used.</p>
	<p>Professionals need to get better at giving carers the opportunity to be put on a GP's carers register.</p>