

# Keeping adults safe from abuse or neglect in Leicester, Leicestershire and Rutland

Abuse or neglect  
is always wrong

View these links for  
further information:

[www.leicester.gov.uk/lisab](http://www.leicester.gov.uk/lisab)

<https://lrsb.org.uk/adults>

**SAY**  
something

**SEE**  
something

Leicester  
**Safeguarding**  
Adults Board

WORKING IN PARTNERSHIP  
TO KEEP ADULTS SAFE



Safeguarding  
Adults Board  
LEICESTERSHIRE & RUTLAND

# Safeguarding adults is about working with people with care and support needs who experience abuse or neglect

**Tell a trusted person as soon as possible.**

This could be:

- trusted friends or family members
- other trusted professionals
- social care worker
- your doctor
- other health professionals
- care workers
- nurse
- police

Any concerns about yourself or an adult who is unable to protect themselves from being abused or neglected, contact Adult Social Care in the area you live/they live:

<b>Leicester</b>	<b>0116 454 1004</b>
<b>Leicestershire</b>	<b>0116 305 0004</b>
<b>Rutland</b>	<b>01572 758 341</b>
<b>Domestic Abuse and Sexual Violence Helpline</b>	<b>0808 80 200 28</b>

If a crime has been committed you can report it via website [www.leics.police.uk](http://www.leics.police.uk) or call Leicestershire Police on **101**. If it is an emergency phone **999**.