

**Leicester City
Joint Health & Social Care
Learning Disability
Strategy
(The Big Plan)**



**The Big Plan
Yearly Report
2020 – 2021**




**Leicester
City Council**






**Leicester City Clinical Commissioning Group
West Leicestershire Clinical Commissioning Group
East Leicestershire and Rutland Clinical Commissioning Group**




Introduction

	<ul style="list-style-type: none">• The Big Plan was launched in February 2020.
	<ul style="list-style-type: none">• The Big Plan was written by<ul style="list-style-type: none">○ People with learning disabilities○ Families and friends of people with learning disabilities○ Unpaid carers○ Professionals.
	<ul style="list-style-type: none">• It has been a year since the Big Plan started.• This report explains what we have done during the last year from June 2020 to July 2021.
	<ul style="list-style-type: none">• This report will explain what we have done to make things better for people with learning disabilities in Leicester.
	<ul style="list-style-type: none">• This report will explain what we will try to do for The 'Big Plan' in 2021/2022.

Some of the things we wanted to do

	<ul style="list-style-type: none">• The Learning Disability Partnership Board wanted to see some changes which included:
	<ul style="list-style-type: none">• Reasonable adjustments to improve health and social care services.
	<ul style="list-style-type: none">• Reasonable adjustments to be made so people can access leisure and community services.
	<ul style="list-style-type: none">• Make health care services better for people with learning disabilities.
	<ul style="list-style-type: none">• Make sure people have the choice and control over where they live and the support they receive.

Appendix 1 Easy Read 'The Big Plan Annual Report'

	<ul style="list-style-type: none">• To make sure people get good support to go to college or find work.
	<p><u>The Big Plan is available by visiting the Leicester city council website.</u></p>

How we worked together through COVID

	<ul style="list-style-type: none">• The Big Plan was to have 3 groups to look at:<ul style="list-style-type: none">○ Reasonable adjustments○ Equal Access to Healthcare○ Training and staff development
	<ul style="list-style-type: none">• COVID -19 changed the way people were able to work.• Having 3 big groups was very difficult.• We had to change the way we worked.
	<ul style="list-style-type: none">• We worked in a different way during the lockdowns in England.• We had online meetings.
	<ul style="list-style-type: none">• A Social Care Learning Disability group was set up to look at some actions.• The actions were for social care to complete.





- A health care group was set up by the Leicester Clinical Commissioning group to look at health care actions.




- Transforming Care and LeDeR work continued during 2020.




Social Care Actions completed for 2020/21




	<ul style="list-style-type: none">• Easy read training has started to be delivered to social care and education teams.• All teams will have to complete this training.• This means social workers, office staff and support workers.
	<ul style="list-style-type: none">• A training group for social care staff has been set up.• The training group will work to improve person-centred practice.• The training will look to improve reasonable adjustments.
	<ul style="list-style-type: none">• The Leicester City Council website pages for information about learning disabilities is better.• The website gives more information.• The web pages are easier to understand.

	<ul style="list-style-type: none">• Work has started on improving housing documents and the housing application process for people with learning disabilities.
 <p>TCPs</p>	<ul style="list-style-type: none">• Some people with learning disabilities go into hospital for the wrong reasons.• There is a special team that will try and stop people going to hospital for the wrong reasons.
 <p>Complain</p>	<ul style="list-style-type: none">• The complaints team want to make it easier for people to tell us when things go wrong.• The complaints team are working with us to make this more accessible to people with learning disabilities.
	<ul style="list-style-type: none">• Social care is asking all of its staff to stop using the term 'service user'.• The term 'people' or 'person' will be used. The term 'person' is more person-centred.



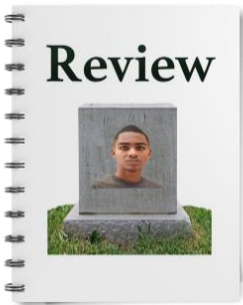
	<ul style="list-style-type: none">• Being person-centred will help improve people's lives and the services they receive.
	<ul style="list-style-type: none">• We have invited the Big Mouth Forum members to join in the Leicester City Partnership Board meetings.



Health Actions completed

 The logo for 'Community Life' features a purple circular base with the text 'Community Life' in white. Above the base is an illustration of a diverse group of people, including a person in a wheelchair, standing in front of a church and a tree.	<ul style="list-style-type: none">• We have done lots of work to help more people stay well in the community and not need to go into hospital.
 The logo for 'TCPs' shows a group of diverse people standing together. Some are holding signs that say 'NHS', 'Family', and 'Local Council'. To the right is a green map of the United Kingdom. Below the illustration, the letters 'TCPs' are written in a large, bold, black font.	<ul style="list-style-type: none">• We work more closely together to help people in hospital to get all the support they need so they can leave hospital when they are ready.
 A photograph of a modern, silver and black electronic weighing scale with a digital display on top.	<ul style="list-style-type: none">• The LeDeR programme learned that lots of people who died had problems getting help with managing their weight.• Now we are working with GPs to make sure they get proper access to the right kind of weighing scales.
 A pie chart with a green section representing approximately 75% and a grey section representing approximately 25%.	<ul style="list-style-type: none">• We got lots more Annual Health Checks done than the year before, even while we had lockdown.






	<ul style="list-style-type: none">• We worked hard to support people who had not had an annual health check for more than 2 years.
	<ul style="list-style-type: none">• We are making sure that everyone gets a proper Health Action Plan after their annual health check.
	<ul style="list-style-type: none">• We had COVID jab clinics just for people with learning disabilities. Some of our staff were in fancy dress.
	<ul style="list-style-type: none">• Even people who did not like needles said it was easy to get their jab.


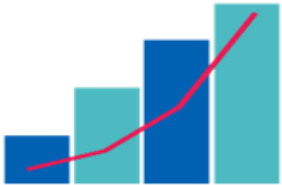
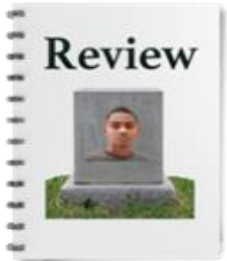
Work done together

	<ul style="list-style-type: none">• Health and Social Care have been working together to try and make sure people are able to stay safe during COVID-19.
	<ul style="list-style-type: none">• We worked with our Partnership Boards to ask for COVID-10 jobs for people with learning disabilities.• We got them a week earlier than the rest of the country.
	<ul style="list-style-type: none">• Health and Social care have been working together to try and reduce the numbers of people with learning disabilities dying at an early age.• This is part of the LeDeR group. A team has been set up to work together and make changes to help people live longer and better lives.

	<ul style="list-style-type: none">• Senior managers are working together to help transform care for people with learning disabilities.
	<ul style="list-style-type: none">• We have been working with the 'We Think' group to access and develop IT skills• We Think have been using IT to co-produce our work.

What's next for 2021/2022

	<ul style="list-style-type: none">• We will work to make sure the respite needs for carers of people with complex needs are met.
	<ul style="list-style-type: none">• Training will be provided to all staff on:<ul style="list-style-type: none">○ Learning Disability,○ Reasonable adjustments,○ Equality and Diversity.
	<ul style="list-style-type: none">• Work to support stopping over medication of people (STOMP) and provide information and guidance to practitioners.
	<ul style="list-style-type: none">• We will work with Public Health to ensure that people with learning disabilities are considered when launching local public health campaigns.
 <p>Complain</p>	<ul style="list-style-type: none">• Look at complaints procedure to make sure that people with learning disabilities can raise a complaint independently.

 <p>TCPs</p>	<ul style="list-style-type: none">• Transforming Care Programme will continue to work with our care providers.• Our care providers will be supported to improve for people with a learning disability with behaviours that can challenge services.
	<ul style="list-style-type: none">• We will monitor the number of services that are signed up to the Health Charter and we will report on our progress.
	<ul style="list-style-type: none">• We will work closely with the 'Learning from lives and deaths of people with learning disabilities' team.• We will learn lessons from the reviews they write.• We will make sure that lessons are learnt and improve health outcomes for people with learning disabilities.