- Variety of organic food available daily i.e. pasta, vegetable
- New dishes offering more variety and dishes from around the world
- No genetically modified ingredients, undesirable additives or artificial trans fats
- Dishes have been locally tailored to meet the cultural and community needs of Leicester
- Menus are seasonal and locally grown produce where possible
- We offer vegetarian and vegan options
- Less processed meat
- Farm assured & red tractor meat
- Fish is approved by the Marine Conservation Society
- More than 75% of our dishes are kitchen prepared
- Locally sourced free-range eggs
- Awarded Food for Life our meals are healthy nutritious and fun



# (ity(atering

# **Pupil Premium**

If you are eligible for free school meals its important to register as your school will receive extra funding.

## Want to join our team?

City Catering doesn't just provide meals! We are always looking for enthusiastic and talented people to join our team. We have many opportunities available for more information go to vacancies website. leicester.gov.uk/jobs

### leicester.gov.uk/schoolmeals





# What's for my lunch this year City Catering: September 2023 - July 2024

**City Catering are supporting the Leicester** Food Plan 2021-2026 and aim to make Leicester a 'healthy and sustainable food city'. To support their vision City Catering places your child at the heart of what we serve.

We are constantly reviewing our menus to make sure we are serving what children actually like to eat - with our own healthy spin!

Our meals are fresh, healthy, nutritionally balanced and meet the Government's Food Based Standards which are checked by our NHS Dietitian.

Leicester's

FOO



# Halal Menu 2023 - 2024

or Coconut Cookie

			or in all				
	TIMETABLE	WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	WEEK COMMENCING: 2023 4 September 25 September 23 October 13 November 4 December	OPTION 1 Halal (H)	Quorn Meatballs in Tomato & Herb Sauce Spaghetti (V)	Halal Lamb Pasta Bake/Lamb Pasta Bake Malted Baguette	Halal Roast Chicken / Roast Chicken Stuffing & Gravy Parsley Potatoes	Halal Chicken Sausages Yorkshire Puddings Mash Potatoes	Fish Fingers a Salmon Fish Fing Chips
		OPTION 2	French Bread Pizza Diced Potatoes (V)	Vegetable Pasta Bake Malted Baguette (V)	Roast Quorn Fillet Stuffing & Gravy Parsley Potatoes (VE)	Quorn Sausages Yorkshire Puddings Mash Potatoes (V)	Quorn Finger Chips (V)
	WEEK COMMENCING: 2024 8 January 29 January 26 February 18 March 22 April	OPTION 3 Jacket Potato	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato w Cheese & Beans
3		OPTION 4 Sandwich	Egg Mayo (V)	Cheese (V)	Tuna Mayo	Egg Mayo (V)	Cheese (V)
	13 May 10 June 1 July	DESSERT	Fruit & Chocolate Muffin (50% Fruit) or Yum Yum Biscuit	Iced Sponge or Fruit Cookie	Fruit Salad or Chocolate Biscuit	Apple Crumble (50% Fruit) & Custard or Oaty Biscuits	Ice Cream or Lemon Drizzle Co
	TIMETABLE	WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	WEEK COMMENCING: 2023 11 September 2 October	OPTION 1 HALAL (H)	Sweet Potato, Chickpea & Spinach Curry Rice (VE)	Halal Sweet & Sour Chicken / Sweet & Sour Chicken Noodles	Halal Lamb Pilau Raita	Halal Lamb & Mint Burger / Flattened Chicken Burger in a Bun Potato Wedges	Flipper Dippe Chips
	30 October 20 November 11 December	OPTION 2	Macaroni Cheese Malted Baguette(V)	Sweet & Sour Vegetables and Noodles	Cheese & Potato Pie Malted Baguette(V)	Quorn Burger in a Bun and Potato Wedges (V)	Veggie Finger Chips (V)
	WEEK COMMENCING: 2024 15 January 5 February 4 March 8 April 20 April	OPTION 3 Jacket Potato	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato w Cheese & Beans
		OPTION 4 Sandwich	Tuna Mayo	Egg Mayo (V)	Cheese (V)	Tuna Mayo	Cheese (V)
	29 April 20 May 17 June 8 July	DESSERT	Chocolate Haystacks or Strawberry Mousse	Fruit Flan- (50% Fruit) or Lemon Shortbread	Pear & Chocolate Sponge & Chocolate Sauce (50% Fruit) or Custard Biscuits	Cornflake Tart & Custard or Butter Scotch Cookie	Ice Cream or Chocolate & Var Swirl Biscuit
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	TIMETABLE	WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	WEEK COMMENCING: 2023 18 September 9 October	OPTION 1 Halal (H)	Tomato & Vegetable Pasta Malted Baguette (VE)	Halal Chicken Pie / Chicken Pie Garlic & Herb Potatoes	Halal BBQ Chicken / Roast Turkey Stuffing & Gravy Roast Potatoes	Halal Tomato & Chicken Pasta / Tomato & Chicken Pasta Garlic Bread	Battered Fisl Chips
	6 November 27 November 18 December	OPTION 2	Pizza – Cheese & Tomato ½ Jacket Potato (V)	Cheese Flan Garlic & Herb Potatoes (V)	Roast Quorn Fillet, Stuffing & Gravy Roast Potatoes (VE)	Broccoli & Spaghetti Bake Malted Baguette (V)	Quorn Dipper Chips (VE)
	WEEK COMMENCING: 2024 22 January	OPTION 3 Jacket Potato	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato w Cheese & Beans
	22 January 12 February 11 March 15 April	OPTION 4 Sandwich	Cheese (V)	Tuna Mayo	Egg Mayo (V)	Tuna Mayo	Cheese (V)
	6 May 3 June 24 June	DESSERT	Iced Fruit Sponge (50% Fruit)	Jelly & Fruit Pots (50% Fruit)	Iced Buns or	Chocolate Tart	Ice Cream

or Chocolate Biscuit

Ice Cream or Flapjack

or Jam Crunch

### SERVED DAILY

**Melting Moments** 

Seasonal vegetables, salad, fruit yogurts, fresh fruit, and drinking water are available daily also Jacket Potatoes & Packed Lunches are available in most schools please check what arrangements are in place in your school.

# HALAL

24 June

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### \*KEY:

V = Vegetarian,

VE = Vegan,

50% Fruit = this pudding contains at least 50% fruit

### Disclaimer

We endeavour to serve food as specified on the menu, however, there are some circumstances when this isn't possible. You can be assured that these instances will be kept to an absolute minimum.

For children to have healthier meals at school, over the last few years we have reduced the sugar in our puddings by 20%

Choosing a meal from this menu for your child every day will provide 2-3 portions of their five a day. Seasonal vegetables served daily

For all allergens please ask a member of catering staff