

Variety of organic food available daily i.e. pasta, vegetables

New dishes offering more variety and dishes from around the world

No genetically modified ingredients, undesirable additives or artificial trans fats

Dishes have been locally tailored to meet the cultural and community needs of Leicester

Menus are seasonal and locally grown produce where possible

We offer vegetarian and vegan options

Fish is approved by the Marine Conservation Society

More than 75% of our dishes are kitchen prepared

Locally sourced free-range eggs

Awarded Food for Life - our meals are healthy nutritious and fun



# What's for my lunch this year

City Catering: September 2023 - July 2024

## Pupil Premium

If you are eligible for free school meals its important to register as your school will receive extra funding.

## Want to join our team?

City Catering doesn't just provide meals! We are always looking for enthusiastic and talented people to join our team. We have many opportunities available - for more information go to vacancies website. [leicester.gov.uk/jobs](https://leicester.gov.uk/jobs)

City Catering are supporting the Leicester Food Plan 2021-2026 and aim to make Leicester a 'healthy and sustainable food city'. To support their vision City Catering places your child at the heart of what we serve.

We are constantly reviewing our menus to make sure we are serving what children actually like to eat - with our own healthy spin!

Our meals are fresh, healthy, nutritionally balanced and meet the Government's Food Based Standards which are checked by our NHS Dietitian.



[leicester.gov.uk/schoolmeals](https://leicester.gov.uk/schoolmeals)



VEGETARIAN



# Vegetarian Menu 2023 - 2024

TIMETABLE	WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK COMMENCING: 2023 4 September 25 September 23 October 13 November 4 December	OPTION 1	French Bread Pizza Diced Potatoes (V)	Vegetable Pasta Bake Malted Baguette (V)	Roast Quorn Fillet, Stuffing & Gravy, Parsley Potatoes (V)	Quorn Sausages, Yorkshire Puddings, Mash Potatoes (V)	Quorn Fingers Chips (V)
	OPTION 2	Chickpea & Potato Curry, Yellow Rice, Chapatti (VE)	Paneer & Sweetcorn Curry, Rice, Naan Bread (V)	Moong Bean Curry, Rice, Chapatti (VE)	Potato & Courgette Curry, Rice, Naan Bread (VE)	Curried Potato & Pea, Puff Chips (V)
WEEK COMMENCING: 2024 8 January 29 January 26 February 18 March 22 April 13 May 10 June 1 July	OPTION 3 Jacket Potato	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)
	OPTION 4 Sandwich	Egg Mayo (V)	Cheese (V)	Cheese & Salad (V)	Egg Mayo (V)	Cheese (V)
	DESSERT	Fruit & Chocolate Muffin (50% Fruit) or Yum Yum Biscuit	Iced Sponge or Fruit Cookie	Fruit Salad or Chocolate Biscuit	Apple Crumble (50% Fruit) & Custard or Oaty Biscuits	Ice Cream or Lemon Drizzle Cookie

TIMETABLE	WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK COMMENCING: 2023 11 September 2 October 30 October 20 November 11 December	OPTION 1	Macaroni Cheese Malted Baguette (V)	Sweet & Sour Vegetables Noodles (V)	Cheese & Potato Pie Malted Baguette (V)	Quorn Burger in a Bun and Potato Wedges (V)	Crispy Vegetable Rolls Chips (V)
	OPTION 2	Mixed Dhal with Spinach Coriander Flat Bread & Rice (V)	Cauliflower, Pea & Potato Curry Brown / White Rice, Naan Bread (VE)	Mixed Dhal Tadka with Vegetable Rice (VE)	Kofta (Vegetable Balls) Curry & Rice (VE)	Veggie Fingers Chips (V)
WEEK COMMENCING: 2024 15 January 5 February 4 March 8 April 29 April 20 May 17 June 8 July	OPTION 3 Jacket Potato	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)
	OPTION 4 Sandwich	Cheese & Salad (V)	Egg Mayo (V)	Cheese (V)	Cheese & Salad (V)	Cheese (V)
	DESSERT	Chocolate Haystacks or Strawberry Mousse	Fruit Flan- (50% Fruit) or Lemon Shortbread	Pear & Chocolate Sponge & Chocolate Sauce (50% Fruit) or Custard Biscuits	Cornflake Tart & Custard or Butter Scotch Cookie	Ice Cream or Chocolate & Vanilla Swirl Biscuit

TIMETABLE	WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK COMMENCING: 2023 18 September 9 October 6 November 27 November 18 December	OPTION 1	Pizza – Cheese & Tomato ½ Jacket Potato (V)	Cheese Flan Garlic & Herb Potatoes (V)	Roast Quorn Fillet, Stuffing & Gravy, Roast Potatoes (VE)	Broccoli & Spaghetti Bake Malted Baguette (V)	Quorn Dippers Chips (VE)
	OPTION 2	Butternut Squash, Chickpeas & Spinach Curry Brown/White Rice (VE)	Khichadi, Kadhi Potato Curry Chapatti (V)	Kidney Bean & Sweetcorn Curry Rice (VE)	Seasonal Vegetable Curry Naan Bread (VE)	Vegetable Samosa Chips (VE)
WEEK COMMENCING: 2024 22 January 12 February 11 March 15 April 6 May 3 June 24 June	OPTION 3 Jacket Potato	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)	Jacket Potato with Cheese & Beans (V)
	OPTION 4 Sandwich	Cheese (V)	Cheese & Salad (V)	Egg Mayo (V)	Cheese & Salad (V)	Cheese (V)
	DESSERT	Iced Fruit Sponge (50% Fruit) or Coconut Cookie	Jelly & Fruit Pots (50% Fruit) or Chocolate Biscuit	Iced Buns or Melting Moments	Chocolate Tart or Jam Crunch	Ice Cream or Flapjack

**\*KEY:**  
V = Vegetarian,  
VE = Vegan,  
50% Fruit = this  
pudding contains  
at least 50% fruit

**Disclaimer**  
We endeavour to serve food  
as specified on the menu,  
however, there are some  
circumstances when this isn't  
possible. You can be assured  
that these instances will  
be kept to an absolute  
minimum.

For children to have  
healthier meals at school,  
over the last few years we  
have reduced the sugar in  
our puddings by 20%

Choosing a meal from  
this menu for your child  
every day will provide  
2-3 portions of their  
five a day. Seasonal  
vegetables served daily

For all allergens please  
ask a member of  
catering staff

**SERVED DAILY**  
Seasonal vegetables, salad, fruit yogurts, fresh fruit, and drinking water are  
available daily also Jacket Potatoes & Packed Lunches are available in most  
schools please check what arrangements are in place in your school.