

Leicester  
**Safeguarding**  
Adults Board

WORKING IN PARTNERSHIP  
TO KEEP ADULTS SAFE

## Easy Read Annual Report

2021	-	2022



# 1. Introduction



Fran Pearson

I am the Independent Chair of the Leicester Safeguarding Adults Board (LSAB) and Leicestershire and Rutland Safeguarding Adults Board (LRSAB). This is my final year in this role for both Boards.



This report is about what the LSAB did in 2021-22 to keep adults with care and support needs safe from abuse and neglect.

Safeguarding means protecting your right to live:-

- in safety
- free from abuse and
- free from neglect



The Safeguarding Adults Board includes people from :-

- Leicester City Council
- Police
- Health services
- Criminal justice services
- Fire and Rescue Service
- Healthwatch,
- Care Quality Commission and
- Care homes association



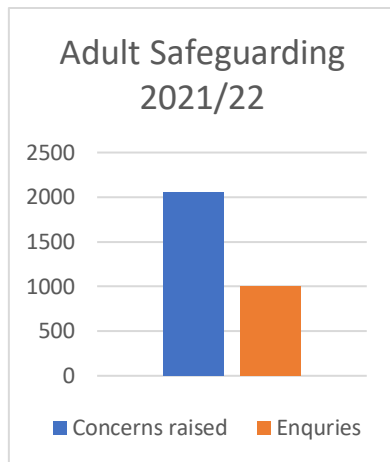
They make sure that people from these organisations, are working in the best way to protect adults with

care and support needs from abuse and neglect.



Every year the Board must write a report, to let people what the Board has done to make sure adults with care and support needs are protected from abuse and neglect.

## 2. What has the board done over the last year?



A referral is when a person or organisation contacts adult social care about an adult that they are worried about, either because of their health or their safety.

In the year 2021/22 over 2000 adult safeguarding referrals were made to adult social care.

Half of the referrals were looked at in more detail because of the risk to the adult. A number of these were linked to safeguarding concerns in care homes.



Other areas the Board focussed on:-

- Looked at how the Board supports safeguarding in prisons.
- The NICE guidance on Safeguarding in Care Homes was considered and shared with local authority commissioning teams and clinical commissioning group.
- Gave training on mental capacity act to staff across Leicester, Leicestershire & Rutland.

**NICE** National Institute for Health and Care Excellence





- Made our own YouTube channel, which has [‘Tricky Friends’](#) a cartoon for adults with learning disability and autism and our [‘See Something Say Something’](#) videos which was watched over 1000 times.

Building Confidence in Practice  
Resource  
**Professional Curiosity**

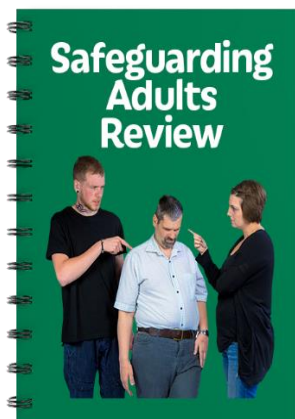
- Produced a video information for staff on [‘Professional Curiosity’](#).. Professional curiosity is telling staff to look, listen, ask direct questions, check information given and get information from separate places to help understand the person and/or family rather than accepting information on face value.



- Information was put together for Safeguarding Adults Week in November 2021 and shared with the partners organisations and with voluntary and community groups.



‘What Is Adult Safeguarding?’ information sessions were run for local community members and groups.



Safeguarding Adults Reviews (SAR) are carried out by the Board where an adult with care and support needs :-

- has died and the death resulted from abuse and neglect, or
- is alive and the Board knows or thinks that they have experienced serious abuse and neglect.



The reviews look at how well agencies worked together to protect the adult. You can find out more information on the SAR and reviews we publish on our website [www.leicester.gov.uk/lisab](http://www.leicester.gov.uk/lisab). Please note not all reviews are on the website as the persons families may have asked that this does not happen.

During the year two SARs were completed and two new SARs are being worked on. Some positive changes from the completed reviews include:-

**NHS**  
**Mental Health**  
 Where to find the right support in Leicester, Leicestershire & Rutland for you or someone you care about

**Non-Urgent**  
 I need support for my mental health  
 Contact your GP Practice from 8am-6.30pm, Monday to Friday.  
 Call 0330 094 5595 for VitaMinds (talking therapy service).

**Urgent**  
 I need help with my mental health now  
 \*Call the Mental Health Central Access Point Freephone 0800 800 3302 24 hours a day, seven days a week.  
 Call NHS 111 for physical, medical and mental health issues.  
 Visit a Crisis Café. Full list of venues on our website: [www.leicest.nhs.uk/contact/urgent-help](http://www.leicest.nhs.uk/contact/urgent-help)

**Emergency**  
 I have a physical health emergency  
 Call 999 if there is a physical threat to life.

- The opening of Crisis Mental Health Hubs by Leicestershire NHS Partnership Trust. This is where people and their families can self refer for urgent mental health support which is better and easier to use.

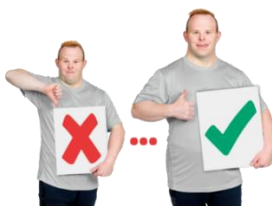
# Trilogy of Risk

## Know it

✓ Alcohol/drug misuse

✓ Domestic abuse

✓ Mental ill-health



- For staff to know more about the need for “whole family” approach to safeguarding adults and children. Especially when people have multiple and difficult needs like mental health needs, domestic abuse, and alcohol and drugs issues.
- All professionals to encourage adults to register with a GP.
- Public Health, Health Services and City Council services were told about where they had gaps in services they provide, or they provided funding for the service.
- Adult social care across Leicester, Leicestershire and Rutland have an email address where they can request information from East Midlands Ambulance Service and they have regular meetings.

The Board also arranged for professionals from the different organisations to look in detail about how they worked with adults at risk.

What we found out from this work helps to make changes to local policies and procedures and how people work with adults to keep them safe. Find our policies and procedures [here](#).

The audit on older people and neglect found that:-



- The Local Authority Team that looks at the quality of services provided by service providers were told when a safeguarding concern related to a service provider.
- It showed that adults at risk of abuse were spoken too about what was happening to them and they were asked what they wanted to happen.

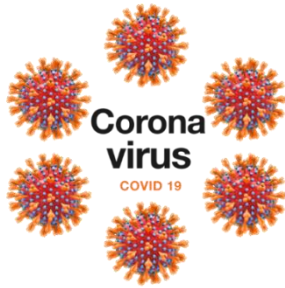


Transition audit looked at how young adults who were receiving support from children's safeguarding services moved to adult safeguarding services. This audit found:-



- Where younger adults did not meet the level of concern to be safeguarded, they still received other types of help and support to make them safer.
- Information about younger people moving into the local area from other place was not shared with the right service.
- When younger adults move from children to adults services this could happen better.

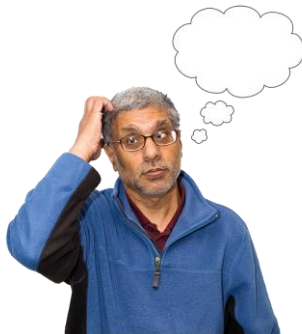




The Adults SAB and Childrens Safeguarding Partnership looked at what worked well and what had not through COVID 19 . They found:-



- Concerns that harm was hidden in care homes when they were busy. Hidden Harm is harm that is taking place in plain sight and not being reported. This could be staff not seeing the harm and/or community members not aware of harm taking place.
- Pressure also on the domiciliary care sector. This is where a range of services are put in place to support an adult in their own home.
- Longer waits for routine treatment and discharge from hospitals.
- Lots of people having more mental and physical health problems as a result of what happened in COVID.



What they found will help the business plan priorities for 2022/23 which are hidden harm and care homes.

## 2022 - 2023

In 2022/23 the Board will continue to build on the work done on the business priorities with Leicestershire and Rutland Board Office.



Hidden Harm work will look at helping communities to:-

- Spot safeguarding concerns
- Know what to do and how to report safeguarding concerns

The Board knows that care homes are closing, there is high demand for places in care homes which could mean there are more safeguarding concerns.



Other areas the Boards will be working on include:-

- develop a faster approach to under SARs, where the learning is also shared quickly.
- review the training strategy to cover LLR.

### 3. How to report concerns about an adult who is being abused or neglected



If you think you or someone you know is being abused or neglected **tell** someone you trust as soon as possible.



If you need help to contact Adult Social Care, Police or Health Services, ask a person you trust to help you.

If you, or the other person, is ill hurt or injured seek medical attention.



If you, or the other person, is seriously ill, hurt or injured dial 999.

You can report the abuse or neglect of an adult with care and support needs in Leicester:

- to the **Adult Social Care** team, telephone number **0116 454 1004 (24 hours a day, 7 days a week)**





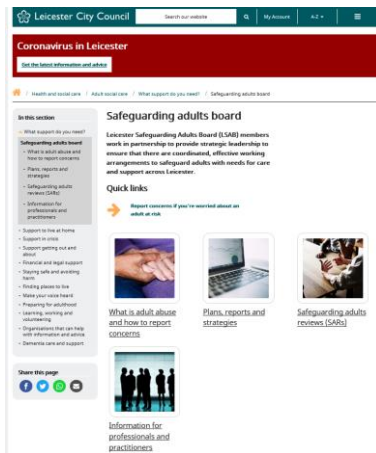
- if a crime has taken place you can report to Leicestershire Police
  - via their website **[www.leics.police.uk](http://www.leics.police.uk)** or
  - you can call 101
  - if it is an emergency, call 999

Organisations will work together with you to prevent the abuse and neglect taking place.

## How can I find out more information about safeguarding adults in Leicester?

Take a look at the Leicester Safeguarding Adults Board website

[www.leicester.gov.uk/lisab](http://www.leicester.gov.uk/lisab)



If you go to a community group in Leicester and would like more information about safeguarding adults, please contact Leicester Safeguarding Adults Board, at [LSAB@leicester.gov.uk](mailto:LSAB@leicester.gov.uk) or on 0116 454 6270 to arrange a virtual session (please **do not** report abuse or neglect via this route).

