

Courses

We offer lots of different courses for both children and adults of all abilities, read on to find out more.

Junior Courses (Aged 8-17)

Want your children to get into climbing? We run a structured program for children aged 8 to 17 during the school term time. The sessions that we run progressively introduce climbing skills in a fun and relaxed way. During the sessions we normally work towards the National Indoor Climbing Award Scheme (NICAS). Progress for this is logged in a book and then certificates are awarded for each level completed. The children are continuously assessed throughout the sessions and when they are ready to move to the next level we will let you know. In some cases you will stay in the same class, in some cases you will move to a different class.

When?

You can join our junior course program at the start of each school half term; spaces are limited so pre booking is essential. We normally run courses on the following days and times, but others may be available so get in touch to find out where we currently have spaces.

Mondays 5-6.30pm

Saturdays 10am – 11.30am and 12noon – 1.30pm

How much will it cost?

Payments are made in blocks of 6 weeks; the cost is £60 per block of 6 weeks (£10 per session). If you wish your child to continue on their current course the next payment must be made before the start of the final session.

There is also a one off registration fee for a NICAS logbook of £7.50 which must be paid for at the first session.

Parent and Child Course (Recommended age 4+)

£45 for a 4 week course

Wednesday nights 6.15pm – 7.15pm

Get in touch to find out the next start date

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Want to learn how to climb and give your children the opportunity to try something new? Then this is for you! Parents can learn how to keep themselves and their children safe on the wall, while the children get to climb! This course is best for children who are not yet old enough for NICAS. There is no minimum or maximum age for this course however your child does need to be physically capable of climbing up the wall. All specialist equipment that you require for the course is provided.

4 Week Adult Beginner Climbing Course

£60

Tuesday nights 7.30pm – 9pm

A great way to get you started as a climber to learn how to top rope climb so that you can use the centre as a casual user once the course has finished without the supervision of an instructor. This course is suitable for complete beginners with little or no previous experience. All of the specialist equipment that you need is provided.

4 Week Adult Learn to Lead Course

£60

By arrangement, contact us to express interest, Friday nights 7.30pm – 9pm

This course teaches you all of the basics of lead climbing to be able to lead climb safely and independently. These courses run roughly every 2 months. The prerequisite to coming on this course is that you are competent top roper. All of the specialist equipment that you need is provided.

Individual Taught Sessions

Can't make the courses each week? Do you have a group of you that want to learn together? We offer private sessions where you can choose what you would like to work on. These sessions can be booked at a time to suit you. The prices are below.

For individual taught sessions we work on a ratio of 1 instructor to 6 people and the pricing is as follows:

- £22 per instructor per 60 minute session
- £33 per instructor per 90 minute session

A fee is also payable per person as per the table below:

Times	Under 18	Adults
Monday-Friday before 5pm	£3.80	£5.50
All other times	£5.50	£7.20