

**Leicester City  
Mental Health  
Partnership Board**

**Minutes**

**Main Hall, City Hall  
115 Charles Street  
Leicester  
LE1 1FZ**

**Wednesday  
18<sup>th</sup> April 2018  
10 to 12:30**

## **1. Welcome and introductions**

Tracie Rees and Tania Shah chaired the meeting and welcomed everybody. Everybody said their names and what they do.

Tracie Rees said that Councillor Adam Clarke will be co- chairing the board from the next meeting in July.

### **Tracie Rees**

Director for Care Services & Commissioning, Leicester City Council

### **Ben Smith**

Business Change Commissioning Manager, Adult Social Care and Commissioning, Leicester City Council

### **Tania Shah**

Co-chair, service user and Patient Advisor, De Montfort University

### **Grant Paton**

Co-chair, service user

### **SK**

service user

### **Mark Aspey**

Lead Commissioner – Autism, Learning Disabilities, Mental Health and Substance Misuse, Adult Social Care and Commissioning, Leicester City Council

### **Sarah Morris**

Head of Adult Mental Health, Leicester City Council

### **Ramesh Kanani**

Carer

### **Kirit Shah**

Carer

### **Nicholas Woodrow**

Leicestershire Police

### **Nicola Mannion**

Leicestershire Police

**Alyson Taylor**

Strategic Development & Integration Manager, University Hospitals of Leicester

**Nicola Wilmot**

Service Manager, Housing, Leicester City Council

**Deborah Gray**

Partnership Manager DLNR CRC

**Jackie North**

Carer

**Barry North**

Carer

**AR**

Service user and Carer

**Sue Mason**

Healthwatch Leicester City

**Steve Pinchbeck**

Jobcentre Plus

**Helen Thompson**

Leicestershire Partnership Trust

**Nicola Smith**

Lead Nurse for Quality & Contracts, East Leicestershire and Rutland CCG

**Malcolm Hepplewhite**

Team Manager (Shared Lives), Enablement, Leicester City Council

**John Singh**

Strategy & Implementation Manager, Leicester City Clinical Commissioning Group

**Janice Wright**

Service Manager, Open Mind Service

**Sue Langly**

LAMP

**Gill Huddleston**

The Carers Centre Worker and family carer

**Matthew Pinches**

Engagement Officer, Adult Social Care & Safeguarding

**Tejash Gohil**

Service manager, Advance UK

**Laura Horton**

Chief Executive, Leicestershire Centre for Integrated Living (LCIL)

**Nisha Khetia**

Mental Health Co-ordinator, Leicestershire Police

**Mark Wheatley**

Public Health Specialist, Leicester City Council

**Shamima Essat**

Valuing People Support Assistant, Leicester City Council

**David Brown**

Valuing People Support Assistant, Leicester City Council

**Kavita Dholakia**

Valuing People Officer, Leicester City Council

## **2. Apologies**

**Jules Galbraith**

Head of Service for Community Mental Health  
Leicestershire Partnership Trust

**Helen Perfect**

Head of Service Inpatients Crisis & Liaison, Leicestershire Partnership Trust

**Rob Melling**

Head of Community Development, Leicestershire Partnership Trust

**Caroline Tote**

Director, Children's service

**Mary McCausland**

Head of Enablement, Leicester City Council

**Farhnaz Abubakar**

Richmond Fellowship

**Christine Lawrence**

Richmond Fellowship

**Navin Gandhi**

Carer

## **3. Minutes of the last meeting and Matters arising (17<sup>th</sup> January 2018)**

3.1 The minutes of the last meeting were agreed as correct.

### **3.2 Update on Action from the last meeting:**

- **Suicide rates will be discussed at the July meeting. If anyone has any specific questions regarding this, email to [Ben.Smith2@leicester.gov.uk](mailto:Ben.Smith2@leicester.gov.uk) in the next few weeks.**
- **Suicide prevention strategy from Mark Wheatley is circulated.**

- **Online link to the LPT Trust board papers have been circulated.**
- **IAPT service presentation is on the agenda.**

#### **4. Service user issues and good practice**

- 4.1 Tania Shah raised the issue around very little communication between departments and more actions needs to be done. There needs to be more communication and some service users are not being looked after properly due to stigma. There needs to be more mental health awareness.
- 4.2 Grant Paton talked about being discharged at the middle of the night from the hospital. Tania Shah was also discharged 4am in the morning.

**Action Alyson Taylor to speak to Grant Paton and Tania Shah about hospital discharge at the middle of the night.**

#### **5. Carers issues and good practice**

- 5.1 Ramesh talked about the housing issue – The family had to go online to make a claim, there is no other way to do this. The difficulty was that their mental health problem wasn't considered for their housing needs.
- 5.2 Nicola Wilmot did have the opportunity to look at this case. Nicola will speak to Ramesh after the meeting and look at individual cases.

**Action Nicola to investigate and look to see if there is mental health training for housing officers.**

- 5.3 Gill Huddleston said that carers strategy is under consultation and there are issues around housing and adaptation.
- 5.4 Tracie Rees and Sarah Morris constantly see housing cases.

**Action Nicola to come to the next meeting to give a presentation about housing and how these policies fit within adult social care and care act.**

- 5.5 Nicola suggested that it would be good to have a list of questions around housing and suicide rates before the next meeting.

## **6. Leicester City Open Mind Service**

- 6.1 Janice Wright presented Leicester City Open Mind Service. The presentation is included with the minutes.
- 6.2 Leicester City Open Mind Service is for people with Mild to Moderate common Mental Health Problems who could be reasonably expected to make gains with brief psychological therapies.
- 6.3 The waiting times for assessments is generally 4-5 days but going on treatment can take longer. This also depends on where they live and whether people are happy to travel far. Self-referrals are encouraged and group sessions are shorter than 1:1 sessions.

## **7. Leicester City Mental Health Strategy**

- 7.1 Ben Smith, John Singh and Mark Wheatley did a presentation on the current joint mental health strategy and a plan for 2019 onwards. The presentation is included with the minutes.
- 7.2 Tracie Rees said that we are dedicating a session to refresh the mental health strategy.

**Action Ben Smith will be organising the workshop to look at the mental health strategy**

## **8. Adult Social Care Consultations**

- 8.1 Tracie Rees said that there are 3 adult social care consultations running at the moment. They are running on the same timeline and they cover proposals we are making on changes to support to carers; support for people with visual and dual sensory impairment, and funding for lunch clubs.
- 8.2 The consultations started on the 9th April and run until the 29th June. The surveys are online on the councils consultation hub. If you would like printed versions to complete and send back to us instead you can email on [ASCConsultations@leicester.gov.uk](mailto:ASCConsultations@leicester.gov.uk) or phone on 0116 454 2300.

## **9. Department of Health and Social Care Consultation on extending the legal rights to a personal health budget or an integrated personal budget**

- 9.1 Ben Smith gave a presentation about the consultation. This is included with the minutes.

**Action Ben is happy to have 1 session task and finish group session to look at the consultation. If anyone would like to be involved email [Ben.Smith2@leicester.gov.uk](mailto:Ben.Smith2@leicester.gov.uk) by the end of April.**

## **10. The Mental Health Needs of Refugees and Asylum Seekers in Leicester**

- 10.1 Ben Smith gave an update around The Mental Health Needs of Refugees and Asylum Seekers in Leicester. Ben has been working on this from the last 6 months.
- 10.2 There is a multi agency forum. There is a huge amount of isolation, issue around PTSD, no contact from the people in their communities and shocking and poor housing.
- 10.3 In Leicester we are lucky to have the Assist GP Surgery, run by Inclusion Healthcare, commissioned by Leicester City CCG to provide primary care service for asylum seekers. Assist currently have around 1100 patients on register. Research has indicated a gap between IAPT and community mental health team.
- 10.4 Ben Smith have met with Ben Smith (2) from the community safety team and Ben will be meeting Jackie Lewis.
- 10.5 There are a range of fantastic drop in services and food banks provided by a number of Voluntary, Community and Social Enterprise Sector organisations but more opportunities for this group to reduce isolation and loneliness are required. Some of the suggestion received from refugees, asylum seekers and VCSE groups have been around providing volunteering opportunities to build skills and taster sessions for ESOL.



- 10.6 The number of Asylum seekers are likely to rise. Ben will be working more closely with the multi agency forum.

## **11. Time to Change Mental Health Grant Programme – Round 2**

- 11.1 Mark Wheatley said that Time to change employers pledge will be training people in the Highcross shopping centre. Young people's council at city council, mental health wellbeing at schools and universities are also involved.
- 11.2 From now and 2019 a lot of organisations will be trained around the needs of young people with mental health.
- 11.3 There is 2<sup>nd</sup> round of community grant programme running currently.

## **12. Any other Business**

- 12.1 Alyson Taylor to email Kavita event information around supporting people before going to ED when finalised.

## **13. Meeting dates 2018**

11<sup>th</sup> July 2018

24<sup>th</sup> October 2018

**Time:** 10 to 12:30pm

**Venue:** Main Hall, City Hall  
115 Charles Street  
Leicester, LE1 1FZ

### **Actions**

- 1. Suicide rates will be discussed at the July meeting. If anyone has any specific questions regarding this, email to [Ben.Smith2@leicester.gov.uk](mailto:Ben.Smith2@leicester.gov.uk) in the next few weeks.**
- 2. Alyson Taylor to speak to Grant Paton and Tania Shah about hospital discharge at the middle of the night.**

3. Nicola to come to the next meeting to give a presentation about housing and how these policies fit within adult social care and care act.
4. Ben Smith will be organising the workshop to look at the mental health strategy.
5. Ben is happy to have 1 session task and finish group session to look at the consultation. If anyone would like to be involved email [Ben.Smith2@leicester.gov.uk](mailto:Ben.Smith2@leicester.gov.uk) by the end of April.