

HOME BUTTON:

This button will always bring you back to the home screen

CLASS OF THE DAY:

Enabling daily fresh content on your home page

COLLECTIONS:

Are displayed as you scroll down the page. These suggest a variety of videos based on your members workout goals.

MY ACTIVE LEICESTER

Home Myactivity Favourites Class finder

Class Of The Day



Check out our daily featured class, hand-picked by our team. Enjoy your training.

Go to class

Physio Pilates 1

Join Kate, physio led pilates instructor in a journey to help alleviate any back pain and strengthen your deepest core muscle ...
34 mins - Intermediate

Featured >



BoxxHIT30 - Full Body

Intense shadow boxing paired with high intensity interval training. This workout has a full body focus challenging your whole ...
34 mins - For everyone



FLOW - 15 Minute Post Workout Yoga

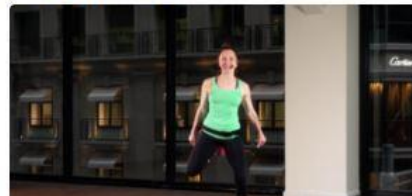
20 minute deep stretch yoga sequence great for after post workout/run recovery or if you are just in need of a really good st ...
19 mins - Beginner



Strong By Zumba®

Try the total-body workout where every move is synced to a beat. This 20-minute virtual workout is a sample of what you will ...
20 mins - For everyone

Out of breath >



MY ACTIVITY: Shows the most recent classes played - so members can easily go back to a class they have played in the past.

FAVOURITES: Displays classes where the ★ has been selected (from the corner of the video in the SEARCH section)

CLASS FINDER: Goes straight to the video library - view titles by duration, type or content provider. Or simply enter a keyword for a variety of suggestions